A Doctor’s Confession to the Town of Bedford
And why, despite all, I still do what I do ...

Dear Friend,

I want to give credit where credit is due. So, perhaps a confession can help clear the air so there’s no misunderstanding. Before I talk about my confession though, let me say a few other things first.

Let me start by explaining the photo in this letter. You know, when I meet people in town, they usually say, “You’re Dr. Tom. I’ve seen your ad with that picture of you and that little girl.” I’m the guy on the right. What’s unusual about me is that at a very young age my parents took me to a chiropractor. My mother worked at the leading chiropractic school in the nation. She learned very quickly the benefit of getting her children’s spines checked. Whenever I came down with a cold or flu, the first place we went was to our chiropractor. I never understood why back then. It wasn’t until later on when a back injury exposed me once again to chiropractic that I understood why she had done what she had done.

To the left of me is Samantha. Samantha was born as a normal healthy child. Like many children, she was vaccinated. Upon receiving a DPT vaccine, she experienced a violent seizure and turned blue. After almost one year of treatment with some of the heaviest medications, her parents were desperate. Samantha appeared drugged constantly and the seizures were uncontrollable. They had no options, so they thought, and decided to have a surgery that would remove a larger section of her brain. This removed an area that was likely damaged by the vaccine, hoping the other side of her brain would relearn what had been lost. She was left with many challenges. She required a feeding tube since she was not able to eat by mouth. Her digestive system only worked with large doses of medication and frequent enemas. Also, her entire left side was paralyzed, leaving her severely handicapped. Samantha’s story is truly the best example of how chiropractic can change children’s lives. Within six weeks of her first adjustment, she began having bowel movements on her own. Within 6 months of chiropractic, she was off all seizure and digestive medication. Within one year of chiropractic, she is able to walk with the aid of air casts and her left side is now functioning.

As things go, other people are coming to us with similar things to help them with their health. Also, they come to us with their headaches, migraines, chronic pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, ear infections, asthma, allergies, numbness in limbs, athletic injuries, just to name a few.

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Here’s what some of our patients had to say:

“After three short weeks, my shoulder pain is gone. I’m so glad I didn’t have to resort to surgery.” — Jim L.

“After years of discomforts the numbness in my hand left almost immediately after my first adjustment!” — David C.

Several times a day patients thank me for helping them with their health problems. But, I can’t really take the credit. My confession is that I’ve never healed anyone of anything.

What I do is perform a specific spinal adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It’s as simple as that!

Forty-five million Americans no longer have health insurance, and those who do have found their benefits are reduced. That’s where chiropractic comes in. Many people actually find that they save money on their health care expenses by seeing a chiropractor. Another way to save ... studies show that chiropractic can double your immune capacity, naturally and without drugs. The immune system fights colds, the flu, and other sicknesses. So, you may not be running off to the doctor as much. This is especially important if you are self-employed. And, an entire week of care in my office may cost what you could pay for one visit elsewhere.

You Benefit from an Amazing Offer — Look, it shouldn’t cost you an arm and a leg to correct your health. You are going to write a check to someone for your health care expenses, you may as well write one for a lesser amount for chiropractic. When you bring in this article (by November 11, 2006) you will receive my entire new patient exam for $17. That’s with any necessary x-rays, a thorough chiropractic exam ... the whole ball of wax. This exam could cost you $175 elsewhere. And, further care is very affordable and you’ll be happy to know that I have affordable family plans. You see I’m not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor. High costs can add up very quickly.

Great care at a great fee ...

Please, I hope that there is no misunderstanding about quality of care just because I have a lower exam fee. My qualifications ... I am a graduate of Palmer College of Chiropractic and have been entrusted to take care of tiny babies just a few hours old, as well as our youthful 98 year olds. I just have that low fee to help more people who need care.

My assistants are Kim and Emily, and they are all really great people. Our office is both friendly and warm and we try our best to make you feel at home. We have a wonderful service at an exceptional fee. Our office is called DISCOVER CHIROPRACTIC and it is at 634 Daniel Webster Highway in Merrimack (We are across from Silo’s Steakhouse and 1 mile South of Newick’s). Call Kim, Emily or me today at 603-424-9444 for an appointment. We can help you. Thank you. www.DiscoverChiropractic-NH.com.

– Dr. Tom Barker

P.S. When accompanied by the first, I am also offering the second family member this same examination for only $10.